**WAYS TO BE MYSELF**

**(Only for the INFJ 5w4 Melancholic-Phlegmatic)**

1. Be true to yourself.
2. Think twice before speaking.
3. Think thrice when intuition gives warning.
4. Help the kind & compassionate people.
5. Stay physically, emotionally & spiritually strong.
6. Never run away from confrontation.
7. Never fear if you know you are right.
8. Follow custom routine only.
9. Stay connected with Upanishads.
10. Accept mistakes and move on.
11. Never celebrate happy moments.
12. Never be gloomy in sorrow moments.
13. Remember that nothing really matters.
14. Keep programming.
15. Be aware about your safety.
16. Avoid the material and negative side of the world.